

# Daily Learning Planner

*Ideas parents can use to help children  
do well in school*

North Miami Elementary School



THE  
**PARENT**  
INSTITUTE®

## January 2019

## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. With your child, invent a special holiday just for your family.
- 2. Encourage your child to start a journal this year.
- 3. Have your child name a food she loves. Help her learn more about where it comes from.
- 4. Make an appointment to spend some one-on-one time with your child this month. Write it on your calendar.
- 5. Ask your child to help you plan three healthy breakfasts.
- 6. Encourage your child to be a critical TV viewer. Watch programs with him and ask questions like, "Why do you think the character did that?"
- 7. Play a card game such as Go Fish with your child.
- 8. If you don't have time to read to your child at night, read in the morning instead. It's a real "power breakfast."
- 9. What is your child's favorite time of year? What does she like about it?
- 10. Have your child draw something that happened in school today. Then talk about it.
- 11. Ask your child about the qualities he looks for in friends. Talk about why *values* are important.
- 12. Have your child help you organize something, such as a closet.
- 13. Compliment your child on a recent accomplishment.
- 14. Model good manners for your child. Say, "Please pass the ..." and "Thank you very much."
- 15. Watch a funny video with your child. Then have her draw a comic strip showing what it was about.
- 16. Pick a category, such as colors. Have your child pick a letter. How many colors can you each name that begin with that letter?
- 17. Help your child record herself reading a story.
- 18. Watch a TV show with the sound off. Ask family members to make up the dialogue.
- 19. Teach your child to make paper snowflakes.
- 20. Encourage your child to sort his books by subject.
- 21. Help your child make an "I am special" scrapbook. Add photos and mementos throughout the year.
- 22. Ask your child to measure the dimensions of objects in your house. How many six-inch long items can she find?
- 23. Pretend to go back in time with your child. Reenact an event together.
- 24. Ask your child to help you do a household chore today. Remember to thank him when he finishes.
- 25. Plan a weekend activity the whole family will enjoy.
- 26. In the car, ask your child to add up the numbers on the license plates she sees.
- 27. Have family members try doing activities with the hand they *don't* favor.
- 28. Teach your child how to sew on a button.
- 29. Allow a few minutes after the light is off at bedtime for quiet conversation with your child.
- 30. Have your child teach you something he is learning in school.
- 31. Read a story to your child. Later, ask her to retell it from memory.

**Helping Children Learn**  
ELEMENTARY SCHOOL  
Tips Families Can Use to Help Children Do Better in School